



Shining a Light on Broadmead

Vol. 44, No. 9

Broadmead, Cockeysville, MD

May 2023

Broadmead's non-resident community members

By Alice Cherbonnier

The Broadmead Center of Excellence (COE) Health and Wellness promotes holistic wellness for Broadmead residents, and also for about 50 non-resident community members. Non-resident members pay an annual fee of \$500 per person for access to services available in the Health and Wellness Center and other campus amenities, including use of cardio/fitness facilities, group exercise classes, aquatic programs, salon and spa services, and arts and ceramics courses.

"We're not the same as a gym for our non-resident members," says Andy Switzer, director of COE Health and Wellness. "We provide holistic wellness services that include social, intellectual, and physical activities, plus other opportunities that promote all facets of health and wellness."

Non-resident members, whose name badges identify them as members of Health & Wellness, may also be served meals at guest rates in Broadmead's dining venues, and they are permitted to bring guests. They may also take part in educational and cultural programs offered on campus, including the Free Fridays Happy Hour in the Bistro. Non-resident members can learn about campus happenings through a public version of Caremerge that does not include personal information about Broadmead residents. They also receive copies of *The Voice of the Residents*.

Andy says that non-resident membership at Broadmead has been available for about 15 years under a variety of names, including "Associates." These members augment revenues for the COE Health and Wellness department.

"The program allows us to offer benefits to our residents that we might not otherwise be able to do,"

says Andy. Non-resident members help fill classes that might otherwise be cancelled due to insufficient enrollment, make it possible for salon and spa staff to work full schedules, and may fill other roles in campus activities. Two non-resident members, Andy notes, currently sing in the Broadmead Chorus.

"Broadmead residents get first priority for enrollment in classes," said Andy. "We offer spaces to non-resident members only when available." For spa and salon services, however, scheduling is first-come, first-served. Broadmead receives a share of fees paid for these services provided to non-resident members.

"Our goal is never to get crowded," Andy stresses. "If it looks like too many are participating in an activity, we'll form a wait list." So far, that hasn't been necessary.

Non-resident members learn about the program through word-of-mouth or direct mail advertising targeting an older audience in Broadmead's vicinity. "Their age range may be a bit younger than the average Broadmead resident," says Andy. While the program's goal isn't marketing for new residents on campus, Andy knows of several instances where program participants have become Broadmead residents.

For more information about the non-resident program, or to refer someone, call 443-578-8060.

Thank You, Volunteers!

A big thank you to all of the volunteers who made our recent Barn Sale a success!

Banner photo by Erroll Hay.

FROM THE ARCHIVES

Date and source unknown

Paths both Easy And Challenging

From the Focal Point just above the perimeter road, across from the upper level parking area, one can choose to walk east along the Dogwood Path as far as Hill House. That's a distance of a quarter mile. From that point, the Ridge Path snakes upward in a northerly direction to the top of the woods. That, the Trail Committee warns, is an "advanced" path for seasoned walkers only.

There are other paths to follow through the woodlands that form Broadmead's northern border. The Summer House Path is considered moderately challenging as it meanders first in a westerly direction and then turns to the north for a fifth of a mile to a point a hundred yards or so past the Summer House. The Beech Path begins at that point and winds around toward York Road and the Ridge Path, a distance of a quarter mile. The Trail Committee considers that to be an intermediate challenge.

The newest trail through Broadmead's northerly woods is the Rock Path. It zigzags up from the Dogwood Path to a huge stone outcrop believed to have been formed some 800 million years ago as part of what is known as the "Setters Formation." Here and

there on the rock those who make the climb can see thin layers of garnet, the dark red, transparent and semi-precious stone.

The original trail through Broadmead's woods was created early in 1983 by a resident who donated funds to develop the path in memory of Dr. Valcoulan "Val" Ellicott, who loved walking through the woods. A group of residents outlined the original paths, Dogwood, Beech and Ridge. Later that summer, Ambassador Charles Baldwin contributed funds for construction of the Summer House, a shelter where walkers can stop, rest and relax while enjoying the view.

In the spring of 1994, the first Trail Day was organized by Sarah Cooper and members of the Trail Committee.



Preparing to hike along one of the paths through the woodlands that border Broadmead are left to right Nancy Rowe, Dorothy Krug, Virginia Cooke, Mary Ellen Saterlie and Walter Lane.

Trail Day is back for its 29th year

Text and photos by Pat van den Beemt



From left, Trudy Pojman, Roger Karsk, and Nancy Funk in the Summer House.

If you hear some folks humming “Happy Trails to You,” it’s not because they are Roy Rogers fans. They’re simply busy organizing this year’s Trail Day, to be held on Thursday, May 18 from 9 a.m. to noon. Rain date is May 19.

Members of Broadmead’s Trails Committee will set up a tent in the Stony Run parking lot with maps and information about the hiking trails. They’ll also offer guided tours of the trails. Giveaways include Broadmead water bottles and hats, fruit, trail mix, trail maps, and handouts detailing native plants that can be found along the way.

“This is a campus-wide event that’s all about being outside,” said Andy Switzer, director of the Center of Excellence in Health and Wellness. “It is truly a cooperative day, where we encourage everyone to stop by and see what’s happening.” He said residents from Broadmead’s higher level of care neighborhoods will be brought down to participate as they are able.

Several Trails Committee members, including Trudy Pojman and Nancy Funk, will serve as guides to the trails above Stony Run, as well as the lower trails along Western Run. Roger Karsk, who heads up the

eight-member Trails Committee, wants more people to know about the Summer House on the Dogwood Trail. The 15’x15’ structure has a new roof, along with a picnic table and benches. It’s the perfect place for an outdoor meeting or a rest stop while hiking. Volunteer guides will take residents up to see the Summer House or give them maps if they want to go at their own pace.

The Summer House and the Dogwood Trail—the first trail through the woods—date back to 1983. The first Trail Day was held in 1994.



Trudy Pojman, who is a frequent trail user, said one of her favorite spots is the Rock Trail. “There are signs there that tell you about the geology of the area, so you get a real sense of it,” she said. “We are so lucky to have this. The trails here are a real joy.”

Health Care Lecture “Stroke Prevention and Gender Differences”

Dr. Elisabeth Breese Marsh

Associate Professor of Neurology
Director, Bayview Comprehensive Stroke
Center

Monday, May 15, 3:30–4:30 p.m.

Via Zoom

Burgeoning bridge scene attracts many residents

By Alice Cherbonnier

Bridge aficionado Marj Espenschade estimates that more than 50 residents are playing the game on Wednesday afternoons at Broadmead. The level of play ranges from beginner to advanced, but the players have one thing in common: enthusiasm for the game.

Wednesday rubber bridge, the traditional pair-versus-pair game, takes place in the Fireplace Room, with overflow to nearby tables on the first level. To encourage continued learning, each bridge foursome includes one experienced player and three who are less experienced.

"It's amazing how everyone is advancing," says Marj. "I feel great satisfaction that so many are learning the game and enjoying it."

According to AARP:

"Bridge's intricacies make it particularly appealing for those who want to sharpen acuity with mental gymnastics. A study in 2000 at the University of California, Berkeley, found strong evidence that an area in the brain used in playing bridge stimulates the immune system. Researchers suggest that is because players must use memory, visualization and sequencing."

A duplicate bridge game—in which pairs vie to see which pair can extract the best score result from the same cards—takes place on Wednesdays in the York Building's social room. Organizer and scorekeeper Sumner Clarren jokes, "This is a way you can hold terrible cards and still win." The bidding boxes used in duplicate bridge to encourage quiet play are also proving ideal for bridge players who have vision and hearing challenges.

In addition to Wednesday's scheduled

bridge matches, players have been gathering on Mondays at 1:30 p.m. in the Fireplace Room for informal rubber bridge games.

"Round Cardinal" bridge tournaments, during which 12 pairs play in one another's homes on a rotating basis, have been happening around campus as well. Younger players are impressed with the card-playing acumen of their elders—including Louise Williams, who just turned 101. Results for these games are conveyed to Steven Scheinin, who updates and circulates spreadsheets of scores. The current

Round Cardinal cycle concluded on April 30.

Many Broadmead players are "graduates" of the professionally-led beginner and intermediate bridge classes funded by the Broadmead Residents Association (BRA). For the past two years, beginner classes have been held in the fall and intermediate classes have followed in the spring. Every class has been filled to capacity. So far, 40 people have completed the beginner/refreshers course, and—as of April 17—40 people have learned to play at the intermediate level. In addition to continuing to offer these foundational lessons, Marj reports that a third class, "Play of the Hand," may be offered for more advanced players.

The Broadmead bridge scene will likely flourish even more once the American Contract Bridge League (ACBL)-certified instructors, Laura and Dan Pawlak—now on Broadmead's wait list—become neighbors of their students.

For information about upcoming bridge lessons, contact Marj Espenschade at 443-578-8351 or Elenor Reid at 860-463-0526; duplicate bridge, Sumner Clarren, 301-648-8855; round cardinal tournament, Steven Scheinin, 410-371-1794

Transition Support Group New to Broadmead? Still finding your way?

Bring your ideas to the first meeting

Thursday, May 25, Noon
Auditorium

RSVP: Teresa Geroulo, 443-578-8035
Elenor Reid, 860-463-0526
Joanne Tetrault, 443-578-8093

Musical Movie Matinée "A Chorus Line"

May 3, 3 p.m., Auditorium

The house wren arrives

By Debbie Terry



Carolina wren photo by Barbara Thurlow

As this issue of *The Voice* arrives in your mailbox, the feisty house wren will have arrived at Broadmead. He migrates north from the southern U.S. and Central and South America. He may be at your back door now. It's hard to believe that such a small bird can produce such a bubbly, continuous song. He has been timed belting out 600 songs in one hour, probably when trying to attract a mate.



House wren, photo by Daniel Irons

The male arrives first to claim nesting territory. He is not particular, and will nest in old woodpecker holes, flowerpots, empty boots, and nesting boxes designed for bluebirds. Males build many incomplete dummy nests using twigs. Once the female makes her selection from his dummy nests, she tops the twig foundation nest with a softer cup of plant fibers and grasses. If

a male wants to reuse a cavity for a second nesting, he will remove all of the used nesting material. This behavior is very unusual: most passerine songbirds will just build a new nest on top of the first one.

Enjoy the house wrens while you can since they depart by the middle to end of September. Look at the house wren picture carefully. Do not confuse this migrant with our year-round resident, the Carolina wren.

A Quaker Clock?

By Ann Hunter, photo by Tom Boytim

Lynn Walbeck and her tall case clock both have Quaker heritage. Her Paxson ancestors came from England and settled in Bucks County, Pennsylvania, in 1682. According to the brass dial, Moses Paxson (born 1754) acquired his clock in 1776 and presented it to his great-grandnephew, Moses Paxson, at his birth in 1830.

The stately scrolled pediment clock is unsigned but bears an uncanny resemblance to another Bucks County clock by Solomon Parke. They both have an unusual cornice with dentils under the scrolled pediment and identical applied fretwork on the molding above the waist. The columns, doors, and panels are the same. At a minimum, the clocks appear to have been crafted by the same joiner. The Paxson clock has plain circles at the end of its scrolls: a Quaker thing?

Modifications made over the years include replacing the original clockworks with 20th-century Waltham Clock clockworks and adding brass straps to the pendulum door hinges.

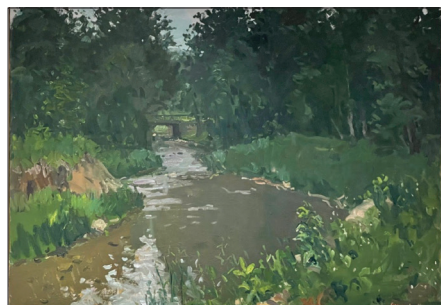
When the 8-foot-6-inch clock was too tall for their previous house, Lynn's husband, an accomplished woodworker, removed the tall feet and two of the torch finials, and lowered the middle finial. At 7 feet 11 inches, the clock still almost touches the ceiling.



New acquisition to the Broadmead Collection

Text by Jackie Mintz, photo by Bill Breakey and the Broadmead Arts Council.

The Arts Council has recently added five new paintings to the Broadmead Collection. The one pictured here is a large landscape by Eugene “Bud” Leake (1911-2005), who was regarded by some as one of Maryland’s foremost landscape painters. Leake was also a former president of the Maryland Institute College of Art, and was credited with reviving the school. A longtime resident of Northern Baltimore County, Leake painted many scenes in the countryside surrounding Broadmead. The painting, titled *Deer Creek, Dark Day*, oil on canvas, depicts a stream partially shaded by a tree canopy. Leake wrote of the painting:



“I started this painting on a clear day but didn’t like what I came up with. So I rubbed it out, put on some priming color and came

back on a beautiful, dark summer day. This time I was able to pull it all together in a few hours. The colors on gray days have a rich intensity. The water, it isn’t quite brown. I’m not sure exactly how to describe it, but I know that if you get the color right, you capture the deep silence of that stream...”

Quote from Maryland Landscapes of Eugene Leake by Craig Hankin

The painting is on loan from George and Anne Bunting. An imposing piece that measures 4’x5.5,’ *Deer Creek, Dark Day* hangs on the wall at the base of the staircase in the Community Center. The other new paintings will be featured in future issues of the *Voice*.

The Arts Council continues to identify and contact Maryland artists, both established and emerging, to further expand the Broadmead Arts Collection. All recent acquisitions have been funded by individual donations of artwork, tax deductible contributions, or acquired on loan. Residents are encouraged to support the Arts Collection Fund, and can do so by contacting Eleanor Landauer, vice-president of advancement and communication at 443-578-8044 or elandauer@broadmead.org.

Employee of the Month: Natalie Shane

Text and photo by Willy Sydnor

According to Natalie Shane’s boss, Andy Switzer, Director of the Center of Excellence, Health and Wellness, she is much more than an administrative assistant, taking on a wide variety of tasks in Wellness. Natalie is a quick study and is eager to expand her capabilities. In short, Andy says, “She’s the best.” Natalie came to Broadmead nearly two years ago from Austin Pharmacy, where she heard about the opening at Broadmead and jumped at it. Many



Natalie Shane

residents know that Natalie is responsible for “This Week at Broadmead,” which she assembles, edits, prints, folds, and distributes. She also helps residents schedule their wellness classes, even signing up people who have difficulties working with Caremerge. Natalie makes house calls, which is especially helpful to those who use desktop computers that can’t be transported to the Center. She also is the first person people see when they come into the Center from the Stony Run parking lot, trying to find the physical therapy department, main desk, pool, or exercise room.

Raised in Baldwin, MD, Natalie has three younger brothers. Her family owned a durable medical equipment company in Parkville, where Natalie found that she enjoyed working with the elderly. She earned a bachelor’s degree in community health science at Towson University.

In addition to playing with her cat, Zoey, Natalie enjoys birdwatching, crocheting, listening to music, and spending time with family and friends. “The thing I like best about working for Broadmead is how kind, friendly, and caring everyone [residents and team members] is.” About being chosen Employee of the Month, she added, “It was definitely an awesome and uplifting surprise!”

Smart phone photography contest returns in the fall

By Jackie Mintz



Photo by Bunny Dadds

Broadmead's annual smart phone contest returns this fall. The contest is open to all residents and associates, who are invited to submit photos taken with their smart phones or tablets. Photos taken with conventional digital cameras or film cameras will not be accepted.

Any subject is permitted. Each person may submit up to three photographs. Images are due by September 10 via email to Erroll Hay (ebhay@mac.com).



Photo by Carolyn Adams

Individuals whose images are accepted are responsible for obtaining prints. Frames and mats are available through the Photography Club. If needed, members of the club will assist in the printing, matting, and framing.

Winners will be exhibited in the lower-level library area. The show will be mounted in October and will

remain on display until holiday decorations are put up in December.

Previous years have seen winning submissions from dozens of residents. Examples are shown here.

TECH TIP: How to REALLY Delete All Your iPhone Messages

By Don Killgallon

People are telling you they get a "mailbox full" message when they call your iPhone, yet you're sure you deleted all of your old messages.



Nope: they're still hidden on the phone in "Deleted Messages." To REALLY get rid of iPhone messages, scroll to the bottom of the list of voicemails, choose "Deleted Messages", and then choose "Clear All." Zap. Gone. Callers can now leave messages. Avoid communication problems by "Clearing All" regularly.

In Memoriam

Mary "Mimi" Marks

November 3, 1947 – March 25, 2023

Jeanne Stephenson

September 11, 1920 – March 26, 2023

Ruth Fleishman

January 20, 1931 – March 30, 2023

Joan Seid

October 13, 1930 – April 3, 2023

BROADMEAD MOVIES

Saturdays, 7 p.m., Auditorium

May 6: **A Man Called Otto**

American remake of the Swedish original. Grumpy retired man (Tom Hanks) has lost his purpose in life following the death of his wife. He is ready to check out, but his plans are interrupted when a lively young family moves in next door. With Mariana Treviño.

2022 Comedy PG-13 2 hr 6 min

May 13: **Frida**

Julie Taymor directed this biographical treatment of Mexican surrealist painter Frida Kahlo, focusing on her professional life and her often rocky relationship with her husband, Diego Rivera. With Salma Hayek, Alfred Molina, Antonio Banderas.

2002 Biopic R 2 hr 2 min

May 20: **Atlantic City**

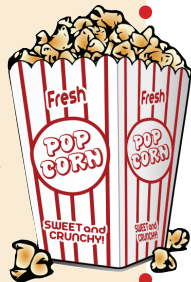
An aging former gangster runs a small-time numbers game. He falls for a young would-be casino dealer, whose ex-husband arrives in Atlantic City to sell a bag of cocaine. Directed by Louis Malle, script by John Guare. With Burt Lancaster and Susan Sarandon.

1980 Crime Drama R 1 hr 44 min

May 27: **Enough Said**

A divorced masseuse begins a relationship with a man who, she discovers, is the former husband of her client and friend. Directed by Nicole Holofcener. With Julia Louis-Dreyfus, James Gandolfini.

2013 Romantic Comedy-Drama PG-13
1 hr 33 min



Broadmead Welcomes

Joan Breitman, F-5, 443-578-8296,
joanbreitman@gmail.com, February 2023



Joan Breitman was the first baby born in Schuylkill, PA, on January 1, 1933. She grew up in Hometown, PA, going to elementary school there and to high school in nearby Tamaqua. Joan earned her undergraduate degree at Penn State, and her master's from Ohio State as a clinical dietitian.

Joan worked in nursing homes while raising two daughters. She and her sister opened an eatery after her daughters went off to college. Following the sale of the eatery, Joan moved on to hospital work.

One daughter, Sara, lives in Glen Arm, MD, while the other, Linda, lives in Plymouth, MA. Joan also has a stepdaughter and a stepson, six grandchildren, and two great-grandchildren on the way.

Since retiring at age 75, Joan has pursued her interests in environmental issues, peace concerns, and pastoral care. She has written a belated coming-of-age novel, and hopes to connect with people at Broadmead who want to improve their writing.

Text and photo by Willy Sydnor

(continued on page 9)

BRA Website

For updated information on events at
Broadmead, go to:
www.broadmeadbra.org

Old & New Shop

11 a.m.–3 p.m.
Monday–Friday

Our merchandise is continually updated

Greater Barn Sale

Donate your gently used items

Bring them to our workroom in the
back hall of the Lower Level

Thursdays, 10 a.m. –12 p.m., 2–4 p.m.

Broadmead Welcomes *(continued)*

Charles Angell, D-12 443-956-6337,
charles.angell2@gmail.com, March 2023



Born and raised in Rochester, NY, Chuck Angell graduated from Yale College and Yale Medical School. In 1969, he came to the Johns Hopkins Hospital for an internship and residency in internal medicine. After his residency, Chuck was a commissioned officer in the United States Public Health Service and a clinical associate at the National Institutes of Health. Returning to Hopkins for a fellowship in cardiology, Chuck became assistant chief of service (a Hopkins term for chief resident), supervising the house staff in their care of patients.

These were intense years for Chuck and his wife, Sandy, a nurse whom he had met soon after first coming to Hopkins. They both were working long hours, they had young children, and their housing was less than ideal. However, the learning experiences and opportunities to work with great doctors were exciting. Upon completion of his training, Chuck joined Park Medical Associates, which had been started by Hopkins doctors. He embraced the rigors of building up the practice, where he stayed for 37 years. Chuck also was on the Department of Medicine faculty at the Johns Hopkins Hospital.

The Angells lived in Homeland for 37 years. As empty nesters, they moved to a condo on Charles Street. While waiting for an opening at Broadmead, they downsized, storing most of their things and moving to an apartment. But, in a matter of months, they unexpectedly were offered a garden home, which they didn't want to turn down. The Angells consider moving to Broadmead to be a gift to themselves and to their children.

As he settles in at Broadmead, Chuck is continuing to take French classes. He is also thinking about resuming some longtime interests such as photography.

Text and Photo by Ann Hunter

Sandra Angell, 443-845-2103,
sangell8888@gmail.com, March 2023

Sandy Stine came to Baltimore in 1966 from York, PA, to attend the Johns Hopkins Hospital School of Nursing. After graduation, she worked at Hopkins in order to earn enough money to go "somewhere." Two months later, she met Chuck Angell, a new intern, and her plans changed. They celebrated their fiftieth wedding anniversary this year.

Sandy became a head nurse at the Johns Hopkins Hospital: first, of an adult medical unit and then in the rheumatology division. She continued work after her children were born. At the same time, she earned a bachelor's degree and a master of liberal arts from Johns Hopkins University.



Meanwhile, Sandy had become president of the Hopkins Nurses Alumni Association. Johns Hopkins University was finally starting a baccalaureate program for nurses, and the dean of nursing asked Sandy to work on some issues related to opening the new school. When offered a full-time administrative position, she still had young children at home and was still going to school at night, but she took the opportunity. Being part of building a new school of nursing at Hopkins was challenging but immensely rewarding, and Sandy remembers this as a special time in her life. She developed most aspects of the department of student affairs, including financial aid, admissions, health, and registration. At her retirement, after 27 years, she was associate dean for student affairs.

The Angells are able to see their children and grandchildren fairly often. Their daughter, Leah, lives in Richmond and is an educator at the Collegiate School. She is married and has two children, ages 18 and 14. Jordan, their son, lives in Baltimore and is a physician with Chesapeake Urology. He and his wife have two boys, ages 10 and 9.

Text and photo by Ann Hunter

(continued on page 10)

Broadmead Welcomes *(continued)*

David Robson, C-22, 410-948-2003
robson555@yahoo.com March 2023

David Robson, the son of a Methodist minister, lived in several Maryland towns when growing up, moving as his father was assigned to different churches. In 1958, the family moved to Baltimore, where David attended Baltimore City College High School. He took photos for the school newspaper, a position that would later have a big impact on his life. David graduated from Western Maryland College (now McDaniel College) in Westminster in 1965, majoring in chemistry while continuing his interest in photography. He then did graduate study and taught classes in television media at American University until he was drafted and found himself in Vietnam in 1969.



During the war, David was assigned to the Army's information office and traveled throughout much of Vietnam with a reporter. They filed stories and photos for various military publications, and also profiled soldiers for their hometown newspapers.

When he came back to Baltimore in 1971, David did camera work on documentaries. He then took a chemistry job with District Photo in Laurel, where he was head of quality control. After that, he taught chemistry at Towson High School and joined a new magazine, *ChemMatters*, where he was editor for 14 years.

Interested in flying, David ended up with both commercial and instructor pilot licenses. He and his wife Tish have taken many trips, including flying to the Bahamas for their honeymoon – and David was the pilot who flew them there and back.

Although the Robsons are still busy unpacking and getting settled at Broadmead, David is hard at work developing mathematics software for elementary school students.

Text and Photo by Pat Van den Beemt

Tish Robson, C-22 410-938-8466,
letitia_pierce@yahoo.com, March 2023

When Tish Pierce took a class on ways to manage her money in 1983, she got a lot more than financial advice: she got a husband. She met David Robson when they both took the same “ways to save” course. They followed that financial advice, and 40 years later had the resources to move into Broadmead.

Letitia (Tish) Pierce was born in Baltimore. She graduated from Vassar College as a science major in 1967, and from Harvard Medical School in 1972. Tish began a pediatrics residency at the University of Rochester, NY, then returned to Baltimore to finish up at Johns Hopkins. She did a second residency in psychiatry at Sheppard Pratt. She then worked at the University of Maryland Medical Center and had a private practice in Towson.

In 1974, when the Sea Education Association was looking for a physician to spend a year on a 120-foot sailboat to care for all onboard, Tish signed up. The boat traveled across the Atlantic, around the Mediterranean, and then back to the Caribbean. That maritime experience came in handy when she and David sailed their own 36-foot pilot house cruiser to the Bahamas and back. They still own the boat, which is docked in Pasadena.



Tish and David were married in 1985. They bought a house in West Towson where they raised a son and a daughter. Their son, Mark, lives in Geneva. Daughter Sandy has a three-month-old son and lives in Baltimore. Sandy is a singer/songwriter with four CDs to her credit.

Although Tish and David have been in their garden home only since late March, Tish already has created a landscaping plan and looks forward to gardening.

Text and photo by Pat van den Beemt

Greenhouse closes May 15

On or before May 15, remove all plants, dead or alive, and all containers, empty or planted. The cabinets just outside the greenhouse are available to store pots and saucers.

Savitri Gauthier, U-301, 410-207-8867,
agape99@me.com, March 2023

Born Donna Maria Ariosa in Baltimore, Savitri Gauthier grew up in Guilford and Pikesville. She graduated from Friends School of Baltimore in 1964 and from Goddard College in Vermont in 1969. After college, Savitri went to a camp in Woodstock, NY, where she discovered Sufism. This experience “totally changed the trajectory of my life,” she says.



With her late husband, Edouard Gauthier, Savitri co-founded Sufi Order Baltimore, a local branch of the Inayati Order. The organization is dedicated to spreading the teachings of Hazrat Inayat Khan, who introduced Sufism to the modern Western world. Inayat’s son, Pir Vilayat, gave Savitri her name.

Over the years, Savitri has worked in a wide range of positions, including: lab technician at Johns Hopkins, social worker, stained glass professional, licensed investment advisor, professional massage therapist, and certified healing touch practitioner. More recently, Savitri worked as a registered nurse in inpatient hospice care and private duty nursing for an ALS patient. She also managed a body work practice and also did rehab nursing with Genesis HealthCare.

Music plays an all-important role in Savitri’s life. She is a professional ecclesiastical singer and has sung with the Baltimore Choral Arts Society Chamber Ensemble, the Baltimore Symphony Chorus, and several churches, including Immanuel Episcopal Church in Glencoe, where she currently sings. She joined the Broadmead Chorus several months ago. Savitri also was a cofounder two decades ago of an a cappella singing group, The Missing Chums, which meets every Wednesday evening. Chums met at Savitri’s Upland home the very first Wednesday after she moved in.

For ten years, Savitri cared for her late husband, who suffered from dementia. Their mutual experiences caring for a spouse with dementia was the cornerstone of the friendship that blossomed into a second marriage to Doug Fambrough.

Text and photo by Jackie Mintz

Douglas Fambrough, U301 and B13,
410-842-7477, fambro@jhu.edu, March 2023

Doug Fambrough has led a multifaceted life. Professionally, he was a biologist with a doctoral degree from the California Institute of Technology. He also has been deeply involved with music, both as a performer and as a philanthropic supporter.

Doug came to Baltimore in 1968 as a staff member of the Carnegie Institute of Science. In 1985, he joined the Johns Hopkins University faculty as a professor of biology specializing in neuroscience. Doug also served for over 20 years as director of the Searle Scholars Program, which awards generous multi-year grants to promising scientists in the biomedical sciences and chemistry.

An important part of Doug’s life centers around music. He plays the piano and has brought his electric piano to his Upland home. He plays piano trios with a violinist and a cellist. Doug serves on the board of directors of the Shriver Hall Concert Series and on the Baltimore Chamber Orchestra (BCO) Board of Trustees. Recently, with his wife, Savitri, Doug sponsored an annual piano concert for the BCO. He also established a memorial concert at Shriver Hall for his late wife, Zee, and a science speakers’ series in Zee’s name at St. Paul’s School, where she was head of the science department.



Doug is also a painter, and has taken a studio unit in Cluster B for art. Self-taught, Doug does oil paintings on canvas. Among other subjects and styles, he creates appropriation art, using an existing image to produce a different result.

In 2005, Doug took early retirement from his Hopkins position to care for his wife, Zee, who had developed dementia. During this time, he met Savitri, who became his principal caregiving advisor.

“Bringing Savitri into my life ... was the one good consequence” of this life-altering experience, he said.

Text and photo by Jackie Mintz

(continued on page 12)

Broadmead Welcomes *(continued)*

Darryl Gill, U-202, 443-578-8511,
wbg0607@gmail.com, March 2023



The first thing one notices on entering the Gills' apartment is a six-foot-long, framed collection of model trains. Near it is one of Darryl's favorite possessions, a small wooden bookcase that he bought from his gramma when he was nine years old. The price was a kiss since, at that age, he didn't have enough

money.

Darryl was born in Baltimore in 1947. He attended City High School and then Towson University, where he studied anthropology and sociology. Having known from an early age that he wanted to be a minister, Darryl went on to receive his advanced degree from Wesley Theological Seminary in Washington, DC. During his 40 years in the ministry, he served in various locations, often as a troubleshooter for the church. Darryl says his leadership style is shepherd-like, using gentle persuasion and direction with understanding and compassion, showing God's love for each one in the congregation.

In 1999, toward the end of his career, he met Wiffy. Since he was assigned to a church in Frostburg, MD, they long-distance dated between Baltimore and Frostburg. They married in 2000; however, since Wiffy still had commitments in Baltimore, they continued commuting until 2004, when Darryl moved to a church in Baltimore.

In 2007, both Gills retired and moved to a house in Timonium, where they lived until moving to Broadmead.

Darryl's numerous hobbies include collecting model trains and collecting and fixing watches and clocks, many of which chime the quarter hour in their new home. In general, Darryl says, he just likes to fix things. He has already connected with many of Broadmead's train and clock collectors.

Darryl says the three best decisions he ever made were marrying Wiffy, retiring, and moving to Broadmead.

Text and photo by Willy Sydnor

Winifred "Wiffy" Gill, U-202, 443-578-8511,
wbg0607@gmail.com, March 2023

Winifred Louise Bookhout was born in Dallas, TX, in 1952. Wiffy's mother was named Winifred and "the family couldn't have two Winnies in the household, so they decided that I would have my grandfather's nickname for my mom, Wiffy." She grew up in the Rodgers Forge area of Baltimore, where the family moved in 1956, and attended Towson High School.

After earning a degree in geography and secondary education from Susquehanna University in Selinsgrove, PA, Wiffy received her master's degree in leadership at the College of Notre Dame of Maryland.

Wiffy was a junior high/middle school social studies teacher, then a department chair, and eventually an administrator. She enjoyed writing social studies curricula, which received both national and international awards for the Baltimore County Public Schools. She retired after working for 33 years in middle and secondary schools, including four years in alternative schools, where she found that many of the "problem students" were bright but were not being challenged. One of her most rewarding experiences was teaching English to four South Korean families with whom she became connected through her neighborhood.

Wiffy and her husband, Darryl, were wed in 2000. Her son from a previous marriage lives in Bel Air and has two children, ages three and five, for whom they babysit twice a week. Darryl's son lives in Texas with his three children.

Wiffy's interests include cooking, gardening, and bird-watching which she can enjoy from her new living room window. Once she gets settled, she is very interested in procuring one of the resident garden plots or a garden spot in front of the Upland building.



Text and photo by Willy Sydnor

First Monday Book Group

Mondays, 10:30 a.m., Fireplace Room

May 1: *Where the Crawdads Sing*,
Delia Owens

10:30 a.m., Fireplace Room

Broadmead receives funds for Toll House repair

By Carolyn Adams

The Maryland State Legislative Bond Initiative has awarded Broadmead \$100,000 for repairing and restoring the Toll House opposite Broadmead on York Road. Vice President of Advancement and Communications Eleanor Landauer and the other members of Broadmead's Historic Preservation Committee worked with State Senator Chris West's office to procure funding from this year's legislative session. The money will be released in June 2023.

The next step is for the committee to determine the scope of repairs based on the budget and the structural engineer's priority report. Broadmead will then go through the process of awarding contracts for the repair work. Although funding for a complete restoration exceeds the amount received this year, the amount awarded should be sufficient to stabilize the structure, arrest further deterioration, and address other critical needs.

Residents can help with this continuing project by contributing to the Greenfield Fund.

May's Featured East Hall Artist: Elizabeth Cadwalader

By Carolyn Murphy

Works by artist Elizabeth Cadwalader will be displayed in East Hall during May. Elizabeth is proficient in watercolor, oil, gouache, and, recently, print making. You can find her painting either *en plein air* or in her studio at the Mill Centre located in Baltimore's Hampden neighborhood.



Painting San Pablo Mitla by Elizabeth Cadwalader

Elizabeth loves the outdoors, which shows in her artwork. She and her husband travel extensively, when she often sketches for later works.

She has exhibited numerous times, both as a solo artist and in group shows.

New Arrivals

George and Sandra Spanos

April 12, L-3

443-578-8300

Pete and Cindy Sugatt

May 2, R-13

443-578-8261

**Wonder What the Hillside
Apartments Look Like?**

Open House

York Building Community Room

Monday, May 15, 11–2 p.m.

Some apartments will be
open for visits

Music Committee

**The Larks Concert
Junior League Choral Group**

Tuesday, May 2, 11 a.m.,
Auditorium

Choral Arts Concert

Wednesday, May 3, 7 p.m.,
Auditorium

Upcoming Multicultural Committee programs

By Gwen Marable

The Multicultural Committee is sponsoring a variety of programs in May.

On Wednesday, **May 10**, Joyce White, a food historian, will speak on “Chocolate,” its history and culture. Originally a Native American fruit, cacao was cultivated in South America. Nearly 70 percent of the world’s cacao supply is now grown in West Africa. White’s presentation will be made via Zoom, from 3:00 to 4:40 p.m.

On Tuesday, **May 16**, the committee is sponsoring a bus trip to the National Museum of African American History & Culture in Washington DC. The museum highlights the history and accomplishments of African Americans. The bus will leave at 8:30 a.m. from the lower level entrance to the Center and will return at 5 p.m. Lunch is on your own at the museum’s restaurant. Sign-up for the trip is on Caremerge. You can find more information about the museum’s collections at <https://nmaahc.si.edu/explore/exhibitions>.

On Wednesday, **May 24** at 3 p.m., Willa Banks will give a Zoom presentation titled “Juneteenth: Connecting the Past with the Present.” She will discuss what prompted the U.S. Congress to establish Juneteenth as a federal holiday in 2021 and its significance for all Americans.

On a date to be announced, Fr. Anastasios Bourantas, Presiding Priest at the Greek Orthodox Cathedral of the Annunciation in Baltimore, will speak about Orthodoxy. More information will be provided at a later date.

Links for all Zoom presentations will be posted before the event.

Socrates Café

“What is consciousness?”

Short video and discussion on “What does consciousness actually feel like?”

Tuesday, May 16, 10:30–11:45 a.m.
Auditorium

Sponsored by the
Towson Unitarian Universalist Church

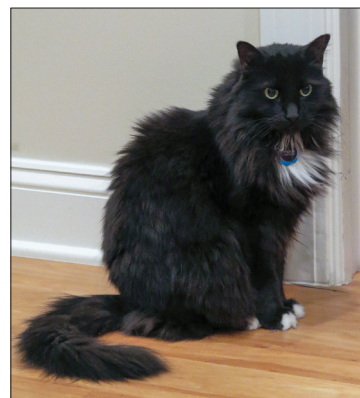
Open to all

Lucy and Linus are happy but vigilant

Text by Jackie Mintz, photos from Dick Wobus

Lucy and Linus Wobus came from a feral litter of cats, so both remain cautious with people. Lucy is also extremely curious, though, and her curiosity overcomes her wariness. Appearing from a hiding place, she takes up a position

15 – 20 feet away from a visitor and oversees the activities of the beings in the room. She also examines everything by eye and by



Linus Wobus



Lucy Wobus

nose, gaining the sobriquet “Inspector General.” She sits on Richard’s shoulder or Nadine’s headrest as they work at their desks. Linus, in contrast, is more frightened than curious. He never emerged from his hiding place to join Lucy in observing the visitor who came to meet them. He scurries away whenever he feels threatened, and squeezes into nooks by flattening himself.

Resident Email Lists

To join the Broadmead Resident email list:

Send an email to:
brabroadmead@gmail.com

To join the BRA Business email list:

Send an email to:
joen1234@comcast.net

Broadmead Resident Email Lists
are for current residents only

Maryland did not welcome Prohibition

By Sidney M. Levy, photo from Stant Collins

Resident Stanton Collins was the featured speaker at the April Men's Social. His topic was "Only Monument To the Repeal of Prohibition." Maryland, Stant said, was the only state that didn't fully comply with the Eighteenth Amendment to the Constitution, approved in 1919 and repealed in 1933.

He became interested in Maryland's position on noncompliance with Prohibition about 23 years ago, after he learned that there was a monument to it in Baltimore's Druid Hill Park and that this monument was built by the Works Progress Administration (WPA), created when Franklin Roosevelt became President. Stant embarked on a crusade to find this monument but no one seemed to know where it was located within the Park. He called the Pratt Library and they said they had no information about the location of the monument but they did have files on the WPA. At the Pratt, he found a book, *A New Guide to the Old Line State*, as Maryland was known, and further research by Stant revealed that this monument was donated by William Parker and still further research uncovered a comment from George Nicols, Superintendent of Parks in Baltimore in the '30s that "the memorial will be set among earthworks thrown up in the park to celebrate the battle waged for the return of legal beer."



Stant Collins toasts the Prohibition monument with a Natty Boh.

HearHere to screen CODA

By Susan O'Connor

HearHere will show the 2022 Academy Award-winning film *CODA* in the Fireplace Room on the following dates:



Thursday, May 4
at 2:30 p.m.

Tuesday, May 23
at 2:30 p.m.

Tuesday, June 6
at 6:30 p.m.

HearHere is a BRA committee focused on advocating for the needs of residents with hearing loss and on presenting educational programs about dealing with hearing loss.

CODA is an acronym for "Child of Deaf Adults." The film is a heartwarming coming-of-age story that sheds light on a community of people with hearing loss and presents a sense of what it means to be deaf. *CODA* won Academy Awards in 2022 for Best Picture, Best Adapted Screenplay, and Best Supporting Actor. Three of the main roles are played by deaf actors.

The film runs one hour, 52 minutes. There will be a brief intermission during the film and a short discussion period afterward. Space in the Fireplace Room is limited. Please contact HearHere chair Susan O'Connor at 443-578-8551, or at whsfoc@msn.com, to sign up for the movie or for more information about the HearHere committee.

Quaker Meeting at Broadmead

Sundays, 10:30–11:15 a.m.
Fireplace Room

All residents are invited
Masks optional



Mertensia virginica (Virginia bluebells) as seen blanketing the north side woods in spring. Photo by Marsha Howes



Here are the people who make fresh flowers on the dining tables a reality. Front, from left, are Linda Michel and Gwyn Sirota. Rear, from left, are Mary Sturm, Leslie Glickman, and Jeannie Platt.

Voice of the Residents

Vol. 45, No. 9 May 2023

Published September through June by
the Broadmead Residents Association
President: Jack Griffith

Managing Editor Kathleen Truelove
Copy Editor Christina Gagliano
Welcomes Editor Jackie Mintz
Business Manager Jai Dixon
Information Box Manager Francine Nietubicz
Editorial Board Alice Cherbonnier,
Elsa Collins, Ann Hunter, Sid Levy, Gwen Marable,
Jackie Mintz, Francine Nietubicz, Willy Sydnor, and
Pat van den Beemt
Proofreaders Sue Baker, Alice Cherbonnier,
Alexandra Doumani, Bob Fetter, Penny Partlow,
& Peggy Tapley
Digital Photography Editor Erroll Hay
Circulation Bob Fetter
Computer Consultant Victoria Bragg

EDITORIAL POLICY

The Voice is produced by and for the Broadmead Residents Association. It seeks to announce and report on activities at Broadmead and to carry news, features and photos of interest to residents. As its major goal is to promote a sense of community, *The Voice* does not publish criticism of individuals or the three organizational bodies that constitute Broadmead (residents, administration and trustees) nor controversial opinions about Broadmead affairs as there are established procedures for the resolution of internal problems. *The Voice* does not publish matters of a religious or political nature, except in the context of a lecture report with attribution to the author of the opinion, nor submissions from outside media due to space limitations and possible copyright problems. Decisions about content as well as writing and photography assignments are made by the Editor in consultation with the Editorial Board, at meetings usually held the fourth Wednesday of each month. Ideas or suggestions for articles should be submitted to the Editor, Kathleen Truelove, by email: kathleentruelove1@gmail.com. Only electronic files are accepted. All copy is subject to editing, including for length. The deadline for writers is the 15th of the month prior to the issue in which an article is to appear. Publicity for upcoming events is preferred to recaps of events already held.